

GRANDVIEW HEIGHTS CITY SCHOOLS

2011-2012 Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU #1	Chicken Chunks w/Dipping Sauce Mashed Sweet Potatoes Roll Fresh Fruit or Juice Choice White Milk	Breakfast for Lunch Scrambled Eggs Hash Brown Potato ½ Bagel with Spread Fresh Fruit or Juice Choice White Milk	Chef Salad w/Turkey Ham, Cheese and Hard Boiled Egg, Roll w/Butter Tomato Soup w/Crackers Fresh Fruit or Juice Choice White Milk	All Beef Hot Dog Bun Tator Tots Fresh Fruit or Juice Choice White Milk	Turkey and Cheese Wrap Grab Bag Snack Veggies and Dip Fresh Fruit or Juice Choice White Milk
MENU #2	Hamburger w or wo/Cheese Sweet Potato Fries Apple Sauce Cup White Milk	Grilled Chicken Sandwich California Blend Vegetables Ice Cream Sandwich Fresh Fruit or Juice Choice White Milk	Bobcat Pizza Tossed Salad w/Dressing Fresh Fruit or Juice Choice White Milk	Grilled Cheese Tomato Soup Fresh Fruit or Juice Choice White Milk	Orange Chicken Steamed Rice Sauted Vegetables Fresh Fruit or Juice Choice White Milk
MENU #3	Breakfast for Lunch Hard Boiled Eggs Cereal Choice Fresh Fruit or Juice Choice Celery w/Peanut Butter White Milk	Chicken Chunks w/Dipping Sauce Mashed Potatoes w/Gravy Roll Fresh Fruit or Juice Choice White Milk	Corndog Baked Potato w/Sour Cream Fresh Fruit or Juice Choice Cookie White Milk	Turkey and Cheese Wrap Chicken Noodle Soup Veggies with Dip Fresh Fruit or Juice Choice White Milk	Pasta and Cheese Bake Garlic Bread Tossed Salad w/Dressing Fresh Fruit or Juice White Milk
MENU #4	Hamburger w or wo/Cheese Bun Fries Fresh Fruit or Juice Choice White Milk	Cooks Choice To be announced	Bobcat Pizza Steamed Corn Fresh Fruit or Juice Choice White Milk	Taco Salad w/Meat and Cheese Sour Cream and Salsa Spanish Rice Vegetables w/Dip Fresh Fruit or Juice Choice White Milk	Pita Round Hummus String Cheese Tossed Salad w/Dressing Fresh Fruit or Juice Choice White Milk

- Chef Salads can be ordered daily in replacement of the Main entrée. PBJ Uncrustables are also an alternative. Chef salads consist of Lettuce, Cheese, Hard Boiled Egg and 2 oz. of protein.
- We offer "in season" fresh fruit on a regular basis.
- We do not have deep fryers in our schools so any potato product listed has been oven baked.
- We offer online payment in "real time" to allow your student to purchase lunch daily. We do not allow charges.
- Parents are encouraged to prepay lunches by cash, check or credit card. Checks should be written to GH Food Service. If at all possible put your student's name in the memo line.
- Free and Reduced lunch forms are accepted all year and can be obtained online or picking them up in the school office. If you have questions please call 485-4025.

Follow the menu with its calendar day. Each week is represented by a color and represents a 4-week cycle menu.

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. *In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

AUGUST 2011	SEPTEMBER 2011	OCTOBER 2011	NOVEMBER 2011	DECEMBER 2011	JANUARY 2012	FEBRUARY 2012	MARCH 2012	APRIL 2012	MAY 2012
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1 2 3 4 5 6	1 2 3	2 3 4 5 6 7 8	1 2 3 4 5	1 2 3	1 2 3 4 5 6 7	1 2 3 4	1 2 3	1 2 3 4 5 6 7	1 2 3 4 5
7 8 9 10 11 12 13	4 5 6 7 8 9 10	9 10 11 12 13 14 15	6 7 8 9 10 11 12	4 5 6 7 8 9 10	8 9 10 11 12 13 14	5 6 7 8 9 10 11	4 5 6 7 8 9 10	8 9 10 11 12 13 14	6 7 8 9 10 11 12
14 15 16 17 18 19 20	11 12 13 14 15 16 17	16 17 18 19 20 21 22	13 14 15 16 17 18 19	11 12 13 14 15 16 17	15 16 17 18 19 20 21	12 13 14 15 16 17 18	11 12 13 14 15 16 17	15 16 17 18 19 20 21	13 14 15 16 17 18 19
21 22 23 24 25 26 27	18 19 20 21 22 23 24	23 24 25 26 27 28 29	20 21 22 23 24 25 26	18 19 20 21 22 23 24	22 23 24 25 26 27 28	19 20 21 22 23 24 25	18 19 20 21 22 23 24	22 23 24 25 26 27 28	20 21 22 23 24 25 26
28 29 30 31	25 26 27 28 29 30	30 31	27 28 29 30	25 26 27 28 29 30 31	29 30 31	26 27 28 29	25 26 27 28 29 30 31	29 30	27 28 29 30 31