

Nutritional Information for FRANKS BEEF 8/# 10# GFS

Product Number:	265039
Description:	AP Beef Frank, Ckd, 8/1, 6" 2z GFS

Nutritional Information			
Serving Size 1 each (57 g)			
Amount Per Serving			
Calories 172		Calories from Fat 143	
% Daily Value			
Total Fat	16 g	24%	
Saturated Fat	6 g	31%	
Trans Fat	1 g		
PolyUnSat	n/a	n/a	
MonoUnSat	n/a	n/a	
Cholesterol	37 mg	12%	
Sodium	497 mg	21%	
Potassium	286 mg	8%	
Total Carbs	1 g	0%	
Dietary Fiber	0 g	0%	
Sugars	0 g	n/a	
Protein	7 g	13%	
Vitamin A -	0%	Vitamin C -	0%
Calcium -	1%	Iron -	4%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

School Equivalents		Fat Soluble Vitamins	
1 each		Vitamin D	n/a
Meat/Meat Alternative	2.00 oz	Vitamin D	n/a
Fruit/Vegetables	0.00 cup	Vitamin E	n/a
Grain/Bread	0.00 srv	Vitamin K	n/a
Child Nutrition Label	No	Vitamin A	0 IU
		Vitamin A	n/a

Water Soluble Vitamins		Minerals	
Thiamin B1	0 mg	Phosphorus	108 mg
Riboflavin B2	0 mg	Zinc	n/a
Niacin B3	2 mg	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	9 mg
Vitamin C	0 mg	Iron	1 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a