

Nutritional Information for BREADSTICK CHS STFD REDC FAT 108 BOSC

Product Number:	555982
Description:	AP Bosco Stick, High Fiber, RF, 25%Whl G

Nutritional Information			
Serving Size 1 each (91 g)			
Amount Per Serving			
Calories 180		Calories from Fat 54	
% Daily Value			
Total Fat	6 g		9%
Saturated Fat	2 g		10%
Trans Fat	0 g		
PolyUnSat	n/a		n/a
MonoUnSat	n/a		n/a
Cholesterol	5 mg		2%
Sodium	160 mg		7%
Potassium	n/a		n/a
Total Carbs	28 g		9%
Dietary Fiber	2 g		8%
Sugars	1 g		n/a
Protein	12 g		24%
Vitamin A -	4%	Vitamin C -	0%
Calcium -	20%	Iron -	8%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

School Equivalents		Fat Soluble Vitamins	
1 EACH		Vitamin D	n/a
Meat/Meat Alternative	1.00 oz	Vitamin D	n/a
Fruit/Vegetables	n/a	Vitamin E	n/a
Grain/Bread	2.00 srv	Vitamin K	n/a
Child Nutrition Label	No	Vitamin A	200 IU
		Vitamin A	n/a

Water Soluble Vitamins		Minerals	
Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	200 mg
Vitamin C	0 mg	Iron	1 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a