

Nutritional Information for CORN DOG PORK&BEEF CN 72-4Z GFS

Product Number:	210412
Description:	AP Corn Dog, Pork/Beef, 4 oz

Nutritional Information			
Serving Size 1 each (112 g)			
Amount Per Serving			
Calories 310		Calories from Fat 153	
% Daily Value			
Total Fat	17 g	26%	
Saturated Fat	7 g	35%	
Trans Fat	0 g		
PolyUnSat	n/a	n/a	
MonoUnSat	n/a	n/a	
Cholesterol	30 mg	10%	
Sodium	800 mg	33%	
Potassium	n/a	n/a	
Total Carbs	26 g	9%	
Dietary Fiber	1 g	4%	
Sugars	5 g	n/a	
Protein	9 g	18%	
Vitamin A -	0%	Vitamin C -	0%
Calcium -	2%	Iron -	15%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

School Equivalents		Fat Soluble Vitamins	
1 Each		Vitamin D	n/a
Meat/Meat Alternative	2.00 oz	Vitamin D	n/a
Fruit/Vegetables	0.00 cup	Vitamin E	n/a
Grain/Bread	2.00 srv	Vitamin K	n/a
Child Nutrition Label	Yes	Vitamin A	0 IU
		Vitamin A	n/a

Water Soluble Vitamins		Minerals	
Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	20 mg
Vitamin C	0 mg	Iron	3 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a