

Nutritional Information for TORTILLA YELLOW RND 40-2Z COMM

Product Number:	682210
Description:	AP Chip Tortilla Yellow Rnd, Barrel O' F

Nutritional Information			
Serving Size 1 each (57 g)			
Amount Per Serving			
Calories 290		Calories from Fat 126	
% Daily Value			
Total Fat	14 g	22%	
Saturated Fat	2 g	7%	
Trans Fat	0 g		
PolyUnSat	n/a	n/a	
MonoUnSat	n/a	n/a	
Cholesterol	0 mg	0%	
Sodium	210 mg	9%	
Potassium	n/a	n/a	
Total Carbs	36 g	12%	
Dietary Fiber	4 g	16%	
Sugars	0 g	n/a	
Protein	4 g	8%	
Vitamin A -	0%	Vitamin C -	4%
Calcium -	6%	Iron -	6%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

School Equivalents		Fat Soluble Vitamins	
		Vitamin D	n/a
Meat/Meat Alternative	n/a	Vitamin D	n/a
Fruit/Vegetables	n/a	Vitamin E	n/a
Grain/Bread	n/a	Vitamin K	n/a
Child Nutrition Label	No	Vitamin A	0 IU
		Vitamin A	n/a

Water Soluble Vitamins		Minerals	
Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	60 mg
Vitamin C	2 mg	Iron	1 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a