

Nutritional Information for BEEF RIB BBQ HNY 100-3.24Z PIER

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|------------------------|---|
| Product Number: | 451410 |
| Description: | AP Flame Broiled Beef Rib w/Honey BBQ, P |

| Nutritional Information | | | |
|--|---------------|------------------------------|-----------|
| Serving Size 1 each (91 g) | | | |
| Amount Per Serving | | | |
| Calories 212 | | Calories from Fat 115 | |
| % Daily Value | | | |
| Total Fat | 13 g | 20% | |
| Saturated Fat | 5 g | 26% | |
| Trans Fat | 0 g | | |
| PolyUnSat | n/a | n/a | |
| MonoUnSat | n/a | n/a | |
| Cholesterol | 35 mg | 12% | |
| Sodium | 621 mg | 26% | |
| Potassium | 266 mg | 8% | |
| Total Carbs | 12 g | 4% | |
| Dietary Fiber | 1 g | 6% | |
| Sugars | n/a | n/a | |
| Protein | 13 g | 26% | |
| Vitamin A - | 4% | Vitamin C - | 2% |
| Calcium - | 3% | Iron - | 11% |
| Percent Daily Values are based on a 2,000 calorie diet | | | |
| Calories Per Gram: | | | |
| | Fat 9 | Carbohydrates 4 | Protein 4 |

| School Equivalents | | Fat Soluble Vitamins | |
|-----------------------|----------|----------------------|--------|
| 3.25 oz | | Vitamin D | n/a |
| Meat/Meat Alternative | 2.00 oz | Vitamin D | n/a |
| Fruit/Vegetables | 0.00 cup | Vitamin E | n/a |
| Grain/Bread | 0.00 srv | Vitamin K | n/a |
| Child Nutrition Label | Yes | Vitamin A | 181 IU |
| | | Vitamin A | n/a |

| Water Soluble Vitamins | | Minerals | |
|------------------------|------|------------|--------|
| Thiamin B1 | 0 mg | Phosphorus | 224 mg |
| Riboflavin B2 | 0 mg | Zinc | n/a |
| Niacin B3 | n/a | Magnesium | n/a |
| Pyridoxine B6 | n/a | Copper | n/a |
| Cobalamin B12 | n/a | Selenium | n/a |
| Pantothenic Acid | n/a | Calcium | 33 mg |
| Vitamin C | 1 mg | Iron | 2 mg |
| Folic Acid | n/a | Manganese | n/a |
| | | Iodine | n/a |