

Nutritional Information for STIR FRY KIT TANGR CHIX 6-7.2#

Product Number:	791710
Description:	AP Chicken, Tangerine, 1ea
80g, Asian Fo	

Nutritional Information			
Serving Size 1 each (80 g)			
Amount Per Serving			
Calories 130		Calories from Fat 27	
% Daily Value			
Total Fat	3 g		5%
Saturated Fat	1 g		5%
Trans Fat	0 g		
PolyUnSat	n/a		n/a
MonoUnSat	n/a		n/a
Cholesterol	35 mg		12%
Sodium	270 mg		11%
Potassium	n/a		n/a
Total Carbs	19 g		6%
Dietary Fiber	0 g		0%
Sugars	9 g		n/a
Protein	10 g		20%
Vitamin A -	0%	Vitamin C -	0%
Calcium -	0%	Iron -	4%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

School Equivalents		Fat Soluble Vitamins	
1 Portion (80g)		Vitamin D	n/a
Meat/Meat Alternative	2.00 oz	Vitamin D	n/a
Fruit/Vegetables	0.00 cup	Vitamin E	n/a
Grain/Bread	0.50 srv	Vitamin K	n/a
Child Nutrition Label	Yes	Vitamin A	0 IU
		Vitamin A	n/a

Water Soluble Vitamins		Minerals	
Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	0 mg
Vitamin C	0 mg	Iron	1 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a