

Nutritional Information for POTATO ROUNDS 6-5# COMM

Product Number:	110580
Description:	AP Potato Rounds, USDA Comm, A204

Nutritional Information			
Serving Size 4 Pc (38 g)			
Amount Per Serving			
Calories 67		Calories from Fat 27	
% Daily Value			
Total Fat	3 g	5%	
Saturated Fat	1 g	5%	
Trans Fat	1 g		
PolyUnSat	n/a	n/a	
MonoUnSat	n/a	n/a	
Cholesterol	0 mg	0%	
Sodium	107 mg	4%	
Potassium	n/a	n/a	
Total Carbs	9 g	3%	
Dietary Fiber	1 g	4%	
Sugars	0 g	n/a	
Protein	1 g	2%	
Vitamin A -	0%	Vitamin C -	1%
Calcium -	0%	Iron -	1%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

School Equivalents		Fat Soluble Vitamins	
4 pc (1/4c)		Vitamin D	n/a
Meat/Meat Alternative	0.00 oz	Vitamin D	n/a
Fruit/Vegetables	0.25 cup	Vitamin E	n/a
Grain/Bread	0.00 srv	Vitamin K	n/a
Child Nutrition Label	No	Vitamin A	0 IU
		Vitamin A	n/a

Water Soluble Vitamins		Minerals	
Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	0 mg
Vitamin C	1 mg	Iron	0 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a