

Nutritional Information for CHIX PTY HMSTYL FC 105-3.952Z COMM

Product Number:	150210
Description:	AP Chicken Patty, Brd, Tyson/ Commodity

Nutritional Information		
Serving Size 1 each (101 g)		
Amount Per Serving		
Calories 220		Calories from Fat 117
% Daily Value		
Total Fat	13 g	20%
Saturated Fat	3 g	12%
Trans Fat	0 g	
PolyUnSat	5 g	n/a
MonoUnSat	4 g	n/a
Cholesterol	50 mg	17%
Sodium	550 mg	23%
Potassium	n/a	n/a
Total Carbs	11 g	4%
Dietary Fiber	1 g	4%
Sugars	0 g	n/a
Protein	16 g	32%
Vitamin A -	2%	Vitamin C - 0%
Calcium -	2%	Iron - 6%
Percent Daily Values are based on a 2,000 calorie diet		
Calories Per Gram:		
	Fat 9	Carbohydrates 4 Protein 4

School Equivalents		Fat Soluble Vitamins	
1 each		Vitamin D	n/a
Meat/Meat Alternative	2.00 oz	Vitamin D	n/a
Fruit/Vegetables	0.00 cup	Vitamin E	n/a
Grain/Bread	1.00 srv	Vitamin K	n/a
Child Nutrition Label	Yes	Vitamin A	100 IU
		Vitamin A	n/a

Water Soluble Vitamins		Minerals	
Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	20 mg
Vitamin C	0 mg	Iron	1 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a