

Nutritional Information for CHIX PTY HOT & SPCY FC 150-3.23Z COMM

Product Number:	150180
Description:	AP Chicken, Brd Hot&Spicy, Commodity, Ty

Nutritional Information			
Serving Size 1 each (91 g)			
Amount Per Serving			
Calories 200		Calories from Fat 99	
% Daily Value			
Total Fat	11 g	17%	
Saturated Fat	3 g	13%	
Trans Fat	0 g		
PolyUnSat	4 g	n/a	
MonoUnSat	4 g	n/a	
Cholesterol	55 mg	18%	
Sodium	460 mg	19%	
Potassium	n/a	n/a	
Total Carbs	12 g	4%	
Dietary Fiber	1 g	4%	
Sugars	0 g	n/a	
Protein	15 g	30%	
Vitamin A -	10%	Vitamin C -	0%
Calcium -	2%	Iron -	10%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

School Equivalents		Fat Soluble Vitamins	
1 each		Vitamin D	n/a
Meat/Meat Alternative	2.00 oz	Vitamin D	n/a
Fruit/Vegetables	0.00 cup	Vitamin E	n/a
Grain/Bread	0.75 srv	Vitamin K	n/a
Child Nutrition Label	Yes	Vitamin A	500 IU
		Vitamin A	n/a

Water Soluble Vitamins		Minerals	
Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	20 mg
Vitamin C	0 mg	Iron	2 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a